

WHEN PRESSURE PRODUCES PURPOSE

Posted on 5 February 2026

Romans 8:28

Problems are unavoidable—in life, work, and ministry. Most people dislike them and try to escape them quickly. Yet Scripture and experience reveal a deeper truth: **problems are leadership incubators.**

Those who are willing to face problems—or train others to solve them—naturally step into influence. Problems never stop, but God consistently raises leaders who can navigate them with wisdom and faith.

1. Embrace Resistance to Grow

An eagle soars because of air resistance. Remove resistance, and it falls. What seems to hinder flight is actually what enables it.

In the same way, pressure is not your enemy—it is God’s instrument. Resistance develops strength, clarity, and maturity. Without challenge, growth is impossible. **What presses against you may be what God is using to lift you higher.**

2. Trust God in Giant Challenges

Throughout Scripture, destiny is revealed through difficulty:

- David discovered kingship through Goliath.
- Daniel overcame through the lion’s den.
- Job’s legacy was forged in suffering.
- Promotion followed the fiery furnace.
- Psalms were birthed in pain; Epistles were written in prison.

They overcame not because life was easy, but because they **trusted God, acted on His Word, and refused excuses.** Their problems became platforms for purpose.

3. Develop Solutions by Building People

Wise leaders recognize problems early—often sensing them before they appear (Proverbs 22:3). They seek counsel, define the real issue, and respond with faith, not fear.

The blow that defeats us is often the one we never prepared for. That is why Scripture emphasizes building people, not just fixing issues (Acts 20:32). **The size of the person matters more than the size of the problem.**

Task problems may be solved quickly, but people problems require patience. When we develop people, we reduce recurring problems. When our mindset aligns with God’s, problems stop draining us and start training us.

Even the word *crisis* reflects this truth—**problem and opportunity.** Every challenge carries divine potential.

Declare in faith:

“What was sent to resist me, God is using to raise me.”

Step forward filled with the Spirit, grounded in the Word, and confident that **your problem is not your prison, but your proving ground.**